



**KYLE KUTSCHER**  
**GUADALUPE COUNTY JUDGE**

101 EAST COURT STREET  
SEGUIN, TEXAS 78155  
EMAIL: [KYLE.KUTSCHER@CO.GUADALUPE.TX.US](mailto:KYLE.KUTSCHER@CO.GUADALUPE.TX.US)  
OFFICE: (830)303-8867

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**For Immediate Release:**

**Guadalupe County reports a second case of COVID-19**

Guadalupe County is reporting the second case of COVID-19, the disease caused by the new coronavirus, in a county resident. The individual is experiencing mild symptoms and isolating at home.

The Texas Department of State Health Services is supporting Guadalupe County in identifying any close contacts of the patient while sick, so they can be isolated and monitored for symptoms and quickly tested, if needed.

At this time it is unknown how the patient came in contact with COVID-19, and this is still under investigation by the Department of State Health Services.

It is possible that individuals who visited the following locations at the dates and times listed may have been exposed:

- Monday, March 16<sup>th</sup>, 11am-2pm: H-E-B, 17460 IH 35 North, Schertz, TX 78154

The risk of contracting the virus from these exposures is low, and isolation is not required for anyone that does not have symptoms. If you believe you have been exposed, monitor yourself closely for symptoms such as fever, cough, sore throat, and shortness of breath for 14 days after the exposure. If you experience any of these symptoms and do not need urgent medical attention, isolate at home, and contact your healthcare provider.

There are things everyone can do to help prevent the spread of COVID-19:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then wash your hands.
- Clean and disinfect frequently touched objects and surfaces.

Minimizing exposure is especially important for people who are 65 or older or who have an underlying health condition like heart disease, lung disease, diabetes, high blood pressure, or cancer. People in those groups have a higher risk of developing severe disease if they do get COVID-19, and the safest thing for them during an outbreak will be to stay home as much as possible and minimize close contact with other people. To get ready, they should talk to their doctor about getting additional prescription medications and have enough household items and groceries on hand to stay home as needed.

The public can find up-to-date coronavirus information at [dshs.texas.gov/coronavirus](https://dshs.texas.gov/coronavirus) and at <https://www.co.guadalupe.tx.us/>. If you have questions about COVID-19, call 2-1-1.